

**Advanced Sports Nutrition and Diet Therapy Consultant Certification – Intake 7**  
**高級運動營養及飲食護理顧問證書課程 – 第7屆**

**NUT-A-0125-7**

<b>DATE</b>	<b>COURSE TITLE</b>	<b>TIME</b>	<b>VENUE</b>
13/01 (Mon)	Digestive System 消化系統	19:00 - 22:00	A
17/01 (Fri)	Digestive System – Practical 消化系統 – 實習	19:00 - 22:00	A
20/01 (Mon)	Heart Diseases 心臟病	19:00 - 22:00	A
24/01 (Fri)	Diabetes Mellitus (DM) 糖尿病	19:00 - 22:00	A
03/02 (Mon)	Endurance Exercise & Nutrition 耐力運動與營養	19:00 - 22:00	A
07/02 (Fri)	Resistance Training Exercise & Nutrition 抗阻力訓練運動與營養	19:00 - 22:00	A
10/02 (Mon)	Exercise vs Mineral & Vitamin 運動與礦物質及維生素	19:00 - 22:00	A
17/02 (Mon)	Sports Supplement & Herbal Foods for Sports 運動食品與草本補充品	19:00 - 22:00	A
21/02 (Fri)	Electrolytes & Fluid Replenishment 電解質及水份的補充	19:00 - 22:00	A
24/02 (Mon)	Frequent Questions 常見的問題與答	19:00 - 22:00	A
03/03 (Mon)	<b>PRACTICAL EXAMINATION</b> <b>實習考試</b>	19:00	A
07/03 (Fri)	<b>THEORY EXAMINATION</b> <b>理論考試</b>	19:00 – 21:30	A

A - Room 1603, 16/F., Eastern Building, 1065 King' s Road, Quarry Bay, Hong Kong  
(MTR Tai Koo station – Exit A2) or Room 1103A, 11/F  
香港鰂魚涌英皇道1065號東達中心16樓1603室 (港鐵站: 太古站A2出口) 或 11樓1103A室