



**LOVE
PILATES
BECOME
A BASI
TEACHER!**



BASI PILATES TEACHER TRAINING PROGRAM

HONG KONG, CHINA

**PRESENTER:
MICHELLE LAM**

BASI Pilates provides a thorough education in Pilates through our Teacher Education Programs. Whether you are looking to gain knowledge in Pilates or become a fully credentialed teacher, there is a BASI Pilates program for you.

YOU WILL LEARN

- The extensive classical and contemporary repertoire
- The full complement of Pilates apparatus
- The trailblazing F2 System®
- BASI's universal teaching methodology; the BASI Block System™

PROGRAM DETAILS

**COMPREHENSIVE GLOBAL
PROGRAM**

\$ 5850 USD

Module 1-4 February 23-26, 2023

Module 5-8 March 23-26, 2023

Module 9-12 April 20-23, 2023

The Comprehensive Program includes the mat program as well as a thorough and complete education in Pilates covering the full range of Pilates equipment.



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